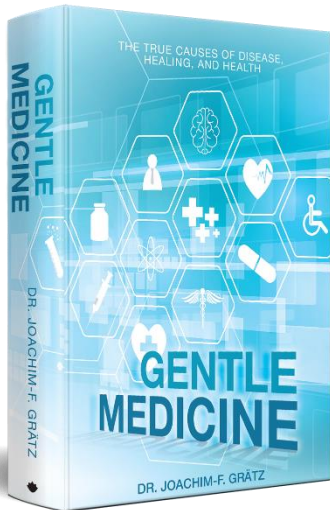


## Internationally Renowned Classical Homeopath Demonstrates How to Use the Natural Laws of Health and Disease to Achieve Wellness in New Book

*In "Gentle Medicine," Dr. Joachim-F. Grätz reveals the shortcomings and consequences of the healthcare system and provides innovative new findings regarding natural laws in medicine*



**PHOENIX** – In his new book, “Gentle Medicine: The True Causes of Disease, Healing, and Health,” Dr. Joachim-F Grätz extends his wealth of experience and expertise from his decades-long career practicing and teaching classical homeopathic medicine. A comprehensive guide to a healing art in the modern age, the book provides valuable insight into the natural laws of medicine and how they can be used to prevent and cure degenerative and chronic diseases and promote personal health and vitality.

“Gentle Medicine” begins with a critical review of today’s healthcare system, illuminating the harmful practices within conventional medicine and explaining how these practices correlate to the decline of public health and the emergence of chronic disease. Grätz identifies increasingly common health concerns like neurodermatitis, psoriasis, asthma, allergies, ADHD, developmental disorders, epilepsy, disabilities, autism, burnout, depression, rheumatism, and much more and demonstrates how they are often connected to past medications and medical procedures.

The book also calls attention to the ways in which the mainstream system of care perpetuates a separation of the body, soul and spirit, failing to acknowledge the interconnectedness of physical and spiritual health. Drawing from both research and

practice, Grätz explores how Gentle Medicine not only provides lasting relief and healing for a wide range of adverse conditions but also considers a patient’s whole wellbeing.

Through writing “Gentle Medicine,” Grätz hopes to educate readers on the true causes and connections of illness and health and equip them with the fundamentals of Gentle Medicine. With the knowledge gleaned from this comprehensive and easy-to-read guide, readers will feel empowered to take responsibility over their own health and make the best decisions for themselves, their families and their patients.

"Joachim-F. Grätz is a homeopath and untiringly in the employment for its patients and the public interest for a health system, which really earns this name," wrote freelance journalist Lars-Ulrich Schlotthaus. "His book 'Gentle Medicine' is a guide to a future of gentle medicine and should be required reading for every medical student and every practicing physician. It holds the realization that nature has given us the best there is. The time has come for a paradigm shift in medicine."

### **“Gentle Medicine: The True Causes of Disease, Healing, and Health”**

By **Dr. Joachim-F Grätz**

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### **About the author**

Dr. Joachim-F. Grätz is an internationally known and extraordinarily successful practitioner even in the most severe pathologies. He works exclusively as a classical homeopath under consideration of the so-called miasms (chronic basic diseases, disease behind the diseases) and has more than 30 years of experience in the treatment of chronic diseases including vaccination reactions and vaccination damages. The uniqueness of his form of therapy lies in the fact that he, through his holistic worldview, also integrates findings from the study of other natural laws into his homeopathic thinking. This enables him to recognize the causal relationships of each disease and to treat them accordingly. Grätz has over 100 publications in professional journals and naturopathic magazines and is a sought-after speaker at naturopathic associations, seminars, symposia, self-help groups and other special interest groups and forums. He has also appeared on radio programs and lectured for international congresses, academies and alternative practitioner schools, including the medical faculty of the University of Munich.

To learn more about Grätz, please visit <http://www.gentle-medicine.com>.

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